



KARMA CENTRE

1 HIGH STREET / 2 VALENTINE RD, KINGS HEATH, B14 7AR,

TEL 0121 688 8080, Info@karmacentre.co.uk,

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PTE CAR PARK AT REAR

**ONE DAY AYURVEDA RETREAT**



AYURVEDA TALK ON LIVING HEALTHY

THE NATURAL WAY

PREVENTION AND CURE

AYURVEDA ABHYANGA MASSAGE

YOGA & MEDITATION

AYURVEDA CUISINE FOR LUNCH

FAMILY CONSTELLATIONS

SOUND THERAPY

**TO BOOK CALL**

**0121 688 8080**

**SUNDAY**

**15/09/2019**

**11AM TO 5.00PM**